

## HNLC Staff In-Service Training

Perspectives, Perceptions, and Obstructed Views

## Workshop Highlights:

Understand ways that each person has been "pre-wired" with certain traits and attributes.

Investigate ways that circumstances, words, or actions can result in the "re-wiring" of the mind and emotions.

Learn how a person's perspectives and perceptions can shade or obstruct their view of the world.

Explore ways past experiences have shaped themselves and others and discuss ways to overcome those effects.

Uncover and break negative emotional patterns and improve interactions with others